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| ASEP photo banner  **Journal of Exercise Physiologyonline**  **ISSN 1097-9751**  **June 2018**  **Volume 21 Number 3**  **Bernardi BB, Schoenfeld BJ, Alves RC, Urbinati KS, McAnulty SR, Souza Junior TP**. Acute Supplementation with Beetroot Juice Does Not Enhance Exercise Performance among Well-trained Athletes: A Randomized Crossover Study. **JEPonline**2018;21(3):1-12. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Bernardi.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Bernardi.pdf)  **Vale RGS, Castro JBP, Mattos RS, Rodrigues VF, Oliveira FB, Rosa G, Gama DRN, Nunes RAM.** Analysis of Balance, Muscle Strength, Functional Autonomy, and Quality of Life in Elderly Women Submitted to a Strength and Walking Program. **JEPonline**2018;21(3):13-24. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Castro.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Castro.pdf)  **Colantonio E, Juzwiak CR, Scorcine C, Pinheiro MM**. Regional and Total Body Bone Mineral Density in Male Swimmers and Soccer Players in Different Age Groups. **JEPonline**2018;21(3):25-33. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Colantonio.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Colantonio.pdf)  **Poulos S, Zacharogiannis E, Paradisis G, Kolyfa M, Danias V, Tsopanidou A, Maridaki M**. High Intensity Interval Training Does Not Improve Cardiorespiratory Parameters in Trained Young Soccer Players. **JEPonline** 2018;21(3):34-45. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Elias%20Zacharogiannis.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Elias%20Zacharogiannis.pdf)  **Gomes RLM, Diniz RR, Silva-Filho AC, Dias CJ, Soares-Junior NJS, Silva SMM, Albuquerque ESA, Almeida AERAF, Scapini KB, Moraes OA, Rodrigues B, Mostarda CT**. Effect of Regular Wheelchair Basketball Practice on Autonomic Modulation and Sleep Quality of Spinal Cord Injured Subjects. **JEPonline**2018;21(3):46-57. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Mostarda_Gomes.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Mostarda_Gomes.pdf)  **Santos JM, Gouveia MC, Souza Junior FA, Silva Rodrigues CE, Santos JM, Oliveira AJS, Marques ACO, Barbosa BT, Suzssuna JAS.** Effect of a High-Intensity Interval Training Session on Post-Exercise Hypotension and Autonomic Cardiac Activity in Hypertensive Ederly Subjects. **JEPonline**2018;21(3):58-70. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Jennifer%20Ariely%20Sales%20Suassuna.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Jennifer%20Ariely%20Sales%20Suassuna.pdf)  **Wyatt F, Russell K, Munoz N.** A Comparison of Heart Rate Measures between Fit Cohorts of Cyclists. **JEPonline**2018;21(3):71-78. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Wyatt.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Wyatt.pdf)  **Mota MR, Fonseca JEC, Abdelmur SBM, Leite MM, Silva AO, Dantas RAE, Clael S**. Physiological and Hemodynamic Effects of Blood Flow Restriction Training on Quadriceps. **JEPonline**2018; 21(3):79-85. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Sacha%20Clael.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Sacha%20Clael.pdf)  **Rodrigues B, Maior AS, Sakugawa R, Bezerra E.** Acute Effects of Fixed Rest Time during Multiple Sets on Upper Limbs Performance. **JEPonline**2018;21(3):86-93. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Rodrigues.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Rodrigues.pdf)  **Kanpetta Y, Krasuaythong N, Boontongkaew C, Tong-un T, Leelayuwat N.** Effect of Intensity of Acute Exercise on Heart Rate Variability in Male Patients with Type 2 Diabetes. **JEPonline** 2018; 21(3):94-105. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Leelayuwat.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2018_Leelayuwat.pdf)  1 |
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