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| |  | | --- | | Journal of Exercise Physiology online  **ISSN 1097-9751**  **Volume 7 Number 5 October 2004** | | **|**[ASEP Home](https://web.archive.org/web/20041214002122/http:/www.asep.org/index.htm)**|**[JEPonline Home](https://web.archive.org/web/20041214002122/http:/www.asep.org/jeponline/JEPhome.htm)**|**[JEPonline Editors](https://web.archive.org/web/20041214002122/http:/www.asep.org/jeponline/JEPeditors.htm)**|**[Submission Guidelines](https://web.archive.org/web/20041214002122/http:/www.asep.org/jeponline/JEPsubmission.htm)**|** | | |
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