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| ASEP photo banner  **Journal of Exercise Physiologyonline**  **ISSN 1097-9751**  **December 2015**  **Volume 18 Number 6**  **Barreto CB,** **Aguiar SS, Palmeira R, Coelho Junior HJ, Gargaglione EML, Oliveira JF, Pires FO, Asano RY**. What is the Minimum Volume of Aerobic Physical Exercise Necessary to Elicit Postexercise Hypotension? **JEPonline** 2015;18(6):1-12. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Asano_Barreto.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Asano_Barreto.pdf)  **Salisbury T, Baptista RR, Fei J, Susin F, Russomano T.** Physiological Aspects of Walking in Simulated Hypogravity. **JEPonline** 2015;18(2):13-24. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Baptista.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Baptista.pdf)  **Araújo JP, Neto GR, Silva J, Silva HG, Neto EAPN, Marconio J, Torres VB, Poderoso R, Cirilo-Sousa MS.** Does Water Aerobics with Blood Flow Restriction Change the Body Composition. **JEPonline**2015;18(6):25-31. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Neto.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Neto.pdf)  **Mullins NM**. CrossFit: Remember What You Have Learned; Apply What You Know. **JEPonline**2015;18(6):32-44. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Mullins_11_15_15.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Mullins_11_15_15.pdf)  **Conde JHS, Costa PL, Souza GC, Dias YR, Santos FV, Osiecki R.** Maximal Strength, Speed and Isokinetic Evaluation of Power in Youth Basketball Players. **JEPonline** 2015;18(6):45-51. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Conde.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Conde.pdf)  **Santos DS, Oliveira TE, Pereira CA, Evangelista AL, Danilo Sales Bocalini, Rica RL, Rhea MR, Simão R, Teixeira CV.** Does a Calisthenics-Based Exercise Program Applied in School Improve Morphofunctional Parameters in Youth? **JEPonline**2015;18(6):52-61. [Word](http://www.asep.org/asep/asep/JEPonlineOCTOBER2015_Morales.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Simao_Teixeira.pdf)  **Rosa HI, Pantoja FL, Rabelo AS, Costa HA, Silva-Filho AC, de Barros CLM, Puga GM, Pires FO, Mendes TT.** Acute Hypotension Effect of a Single Bout of Anaerobic Exercise (30-Sec Wingate test). **JEPonline**2015;18(6):62-69. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Mendes.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Mendes.pdf)  **Santi-Maria T, Gómez Campos R, Andruske CL, Gamero DH, Luarte-Rocha C, Arruda M, Tumi-Figuero E, Cossio-Bolaños M.** Percentage of Body Fat of Young Soccer Players: Comparison of Proposed Regression Frequencies between Goalkeepers and Soccer Camp Players. **JEPonline**2015;18(6):70-80. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Gomez_%20Marco%20Cossio-Bolanos.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Gomez_%20Marco%20Cossio-Bolanos.pdf)  **Silva LA, Scheffer DL, Alves A, Pereira LT, Moneretto DB, Tromm C, Streck EI, Silveira PCL, Pinho RA.** Effect of Aerobic Training of Moderate and Low Volume on Electron Transport Chain Activity and Oxidative Stress Markers in Skeletal Muscle. **JEPonline** 2015;18(6):81-93. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Luciano.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Luciano.pdf)  **Bacelar SNA, Almeida FJF, Sauaia BA, Novais TMG, Furtado AEA, Quintanilha LM, Pulcherio JOB, Filho JF, Gambassi BB** Effects of Moderate Intensity Resistance Training on Bone Mineral Density and Muscle Strength of Elderly Women. **JEPonline** 2015;18(6):94-103.[Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Pulcherio.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Pulcherio.pdf)  **Tongterm T, Suputtitada A, Lawsirirat C, Janwantanakul P** Functional Fitness Test for Screening the Risk of Falls in the Elderly: Using Decision Tree Technique. **JEPonline**2015;18(6):104-111. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Areerat.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Areerat.pdf)  **Gambassi BB, Almeida FJF, Sauaia BA, Novais TMG, Furtado AEA, Chaves LFC, Rodrigues B, Silva, ARM, Melo LP, Mostarda CT**. Resistance Training Contributes to Variability in Heart Rate and Quality of the Sleep in Elderly Women Without Comorbidities. **JEPonline** 2015;18(6):112-123. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Bruno.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2015_Bruno.pdf)  Copyright ©1998-2015All Rights Reserved |