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| ASEP photo banner  **Journal of Exercise Physiologyonline**  **ISSN 1097-9751**  **June 2015**  **Volume 18 Number 3**  **Crisp AH, Verlengia R, Rocha GL, da Mota GR, Pellegrinotti IL, Lopes CR**. Lactate and Monocarboxylate Transporters (MCTs): A Review of Cellular Aspects. **JEPonline**2015;18(3):1-13. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Alex.doc) [PDF](file:///F:\JEPonlineJUNE2015_Alex.pdf)  **Pavilas C, Suwanthada S, Chaiwatcharaporn C.** The Tennis Strike Simulation Machine Identified and Confirmed Power Spot Location on Tennis Racket during Flat First Serve. **JEPonline**2015;18(3):14-26. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Chaiwatcharaporn.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Chaiwatcharaporn.pdf)  **Osiecki R, Rubio TBG, Luz Coelho R, Novack LF Conde JHS, Alves CG, Malfatti CRM.** The Total Quality Recovery Scale (TQR) as a Proxy for Determining Athletes’ Recovery State after a Professional Soccer Match. **JEPonline**2015;18(3):27-32. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Coelho.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Coelho.pdf)  **Scott C, Wyatt F, Winchester J, Williamson K, Welter A, Brown S**. Physiological Breakpoints and Maximal Steady-State of Cycling. **JEPonline**2015;18(3):33-45. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_CorySCOTT_FrankWYATT.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2015_CorySCOTT_FrankWYATT.pdf)  **Costa P, Rhea MR, Simão R, Leite T, Perez AJ, Palma A.** Effects of Undulatory and Non-Undulatory Manipulations of Aerobic Workloads on Aerobic Performance. **JEP**online 2015;18(3):46-54**.** [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Costa.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Costa.pdf)  **Nunes RB, Heck TG, Alves JP, Dal Lago P.** Hemodynamic Responses during an Incremental Swimming Exercise Test in Rats. **JEPonline**2015;18(3):55-62. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Heck.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Heck.pdf)  **Ribeiro BG, Carlos-Burini R, Leite TC, Morales AP, Sampaio-Jorge F, Coelho GMO**. The Comparative Effects of Two Different Carbohydrate Gels on Post-Exercise Glucose and Plasma Free-Fatty Acids of Long Distance Runners. **JEPonline** 2015;18(3):63-73. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Morales.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Morales.pdf)  **Campanholi Neto J, Cedin L, Dato CC, Bertucci DR, Perez SEA, Baldissera V**. A Single Session of Testing for One Repetition Maximum (1RM) with Eight Exercises is Trustworthy. **JEPonline**2015;18(3):  74-80. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Neto.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Neto.pdf)  **Paulucio D, Nogueira F, Velasques B, Ribeiro P, Pompeu F.** Day-to-Day Variation of Cardiopulmonary Variables Obtained During an Incremental Cycling Test to Volitional Exhaustion. **JEPonline**2015;18(3): 81-90. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Paulucio.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Paulucio.pdf)  **Senna G, Scudese E, Carneiro F, Torres J, Queiroz C, Dantas E**. Multi-Joint and Single-Joint Exercise Performance and Perceived Exertion with Several Different Recoveries. **JEPonline** 2015;18(3):91-100. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Senna.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Senna.pdf)  **Sena KF, Martins CO, Toscano LT, Santos EP, Alves SB, Silva AS**.Short-Duration Resistance Training in Company Exercise Programs Promotes Strength Gains and Reduces Pain in Workers. **JEPonline**2015;18(3):101-111. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Silva.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Silva.pdf)  **Bungmark W, Kulaputana O, Chaiwatcharaporn C.** An Innovative Step Test Protocol Can Accurately Assess VO2 Max in Athletes. **JEP**online 2015;18(3):112-122. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Wanwisa.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2015_Wanwisa.pdf)  Copyright ©1998-2015All Rights Reserved |