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| **Journal of Exercise Physiology online**  **ISSN 1097-9751**  **June 2023**  **Volume 26 Number 3**    **Chen PN, Ajimaporn A, Nana A, Yang AL, Willems M, Chaunchaiyakul R.** Isocaloric Supplements of Whey Protein and Carbohydrate on Responses of Cardiorespiratory and Metabolic Systems and Blood Glucose Levels during Acute Progressive Exhaustive Exercises. **JEPonline** 2023;26(3):1-14. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Pei-Ni%20Chen_1.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Pei-Ni%20Chen_1.pdf)  **Jansang S, Eksakulkla S.** The Effect of a Breathing Training Program using a Toy Blower on Lung Function, Respiratory Muscles Strength, 6-Minute Walking Test, and Functional Capacity in Obesity Level 2. **JEPonline**2023;26(3):15-27. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Sarawut%20Jansang_Sukanya%20Eksakulkla_2.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Sarawut%20Jansang_Sukanya%20Eksakulkla_2.pdf)  **Saengjan W, Hamlin MJ, Muangritdech N, Namboonlue C, Tong-un T, Manimmanakorn N, Manimmanakorn A.** Hypoxic Exposure at Rest or During Light to Moderate-Intensity Exercise Improved Blood Pressure and Heart Rate Variability in Cardiovascular Risk Individuals, **JEPonline**2023;26(3):28-44. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Apiwan%20Manimmanakorn_3.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Apiwan%20Manimmanakorn_3.pdf)  **Chuensiri N, Jaruchart T, Siripanya S, Srihirun K, Suntraluck S, Kanungsukkasem V, Suksom D.** Multi-Component School-Based Weight-Management Program Improves Physical Fitness and Vascular Reactivity in Obese Adolescents. **JEPonline**2023;26(3):45-57. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Napasakorn%20Chuensiri_4a.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Napasakorn%20Chuensiri_4a.pdf)  **Zureigat A, Al-eliwah S, Abdel Fattah O, Alzughailat M,** **A’mir O.** Exploring the Effect of Six Weeks of Mental Visualization on the Three-Shot Accuracy in Basketball. **JEPonline** 2023;26(3):58-68. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Osama%20Fattah_5.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Osama%20Fattah_5.pdf)  **Smith RW, Housh TJ, Arnett JE, Anders JPV, Neltner TJ, Ortega DG, Schmidt RJ, Johnson GO.** The Effects of Anchor Scheme and Sex on Performance Fatigability and Neuromuscular Responses Following Sustained, Isometric Forearm Flexion Tasks to Failure. **JEPonline**2023;26(3):69-92. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Robert%20Smith_6.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Robert%20Smith_6.pdf)  **Zureigat A.** The Level of Psychological, Behavioral, and Physiological Risk Factors for Type 2 Diabetes Among Jordanian Government Universities Students. **JEPonline**2023;26(3):93-106. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Ayed%20Zureigat_7.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Ayed%20Zureigat_7.pdf)  **Sungkamanee S, Ladawan S, Maharan S, Sriraksa N**, **Janyacharoen T.** Comparing the Effects of Home-Based McKenzie and Back School Exercises on Pain, Flexibility, Range of Motion, and Disability in Patients with Non-Specific Chronic Low Back Pain: A Randomized Controlled Trial. **JEPonline** 2023;26(3):107-121. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Sudarat%20Sungkamanee_8.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Sudarat%20Sungkamanee_8.pdf)  **Nakhamin K, Thonglong T.** The Effects of a Static Stretching Program on Muscle Strength, Flexibility, and Range of Motion in Elderly Farmers. **JEPonline**2023;26(3):122-133. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Thanumporn%20Thonglong_9ab.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Thanumporn%20Thonglong_9ab.pdf)  **Tiaotrakul A, Montiean S, Jaruchart T.** The Improvement in Physical Function Among the Elderly After Participation in the Multimodal Recreational Program. **JEPonline**2023;26(3):134-143. [Word](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Tussana%20Jaruchart_10.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineJUNE2023_Tussana%20Jaruchart_10.pdf)  **Copyright @1996-2023**  **All Rights Reserved** |