

**American Society of Exercise Physiologists  
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**Abstract #   12        Submission Category and Topic:   Invited - Professional**

**Exercise Physiologist Certified (EPC) Examination**

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The American Society of Exercise Physiologists (ASEP) has assumed the responsibility, consistent with its Goals and Objectives, to develop and implement a national certification examination for exercise physiologists. This effort was first conceived and formally developed and supervised by the ASEP Board of Directors. The examination is designed to ensure a minimum level of academic competence among exercise physiology practitioners, and to promote the professionalization of exercise physiology. With recent recommendations and support from the members of the ASEP Certification Committee, the ASEP Board of Certification is in the final steps of completing the Exercise Physiologist Certified (EPC) Handbook and the EPC Examination. The ASEP Board of Certification is responsible for the supervision and implementation of the examination, including policies governing eligibility, administration, and reporting of results. The EPC Handbook is designed to prepare the candidate for the examination by describing the certification process, preparation for the examination, and test taking tips. It also provides a simulated examination followed by answers to the questions. A bibliography is provided for reference to reviewing the curriculum content. The EPC Examination consists of two separate examinations: Part I, Exercise Physiology, and Part II, Applied. The Exercise Physiology examination consists of multiple-choice questions. The Applied part consists of hands-on demonstration of laboratory skills and abilities. The EPC Examination will be used by the ASEP Board of Certification to measure academic and technical competence of exercise physiology candidates, thus ensuring the professional competence of individuals offering exercise physiology services to the public. Once a candidate has successfully completed the examination, he/she is certified as an exercise physiologist and can, therefore, be legally and professionally referred to as an "exercise physiologist." The final copy of the EPC Handbook and the EPC Examination is expected from the ASEP Board of Certification by December, 1999. The first ASEP "certification" examination will take place in October, 2000. Thus, candidates interested in sitting for the examination have 10 months to get a copy of the EPC Handbook and prepare for the EPC Exam. The URL for the EPC Handbook will be posted on the ASEP contact page. Other important details, changes, and updates will also be available on the ASEP Internet pages.