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|   **PEPonline** **Professionalization** **of Exercise Physiologyonline**An International Professional Journal for Exercise Physiologists ISSN 1099-5862 |

**Submission Guidelines****and Purpose of the Journal****AUTHOR GUIDELINES**The **Professionalization of Exercise Physiologyonline** (**PEPonline**) journal is an electronic professional online journal devoted to publishing original and review articles from the field of exercise physiology. The Journal is published monthly. All manuscripts and all figures should be submitted to:Tommy Boone, PhD, MPH, MAM, MBABoard Certified Exercise PhysiologistEditor-in-Chief, **PEPonline** 104 Taylors CoveBeaumont, TX 77705**Manuscripts** Submission of a manuscript implies that:  (1) it has not been published before (except in the form of an abstract or as a published lecture, review, or thesis); (2) it is not under consideration elsewhere; (3) its publication has been approved by all coauthors; and (4) if and when the manuscript is accepted for publication, the authors agree to automatic transfer of the copyright to the publisher.The style of the manuscript is entirely up to the author(s).The manuscript should be submitted in English via an email attachment. The name and institution of each author should be inserted under the title of the article.  Disclaimers, if any, and the complete name and mailing address (including telephone number) of the corresponding author should appear at the end of the paper. **Documentation** References should be listed at the end of the article, arranged in numerical order in brackets as used in the text. Complete data should be included for each reference.  The following are examples:**Book** 1. Heyward VH. ***Advanced Fitness Assessment & Exercise Prescription.***  (3rd Edition). Champaign, IL: Human Kinetics, 1997.

**Article**1. Diboll DC, Boone WT, Lindsey LR. Cardiovascular and metabolic responses during 30 minutes of treadmill exercise shortly after consuming a small, high-carbodydrate meal. ***International Journal of Sports Medicine***. 1999;20:1-7.

**Internet** 1. Kreider RB. Creatine supplement: Analysis of ergogenic value, medical safety, and concerns. ***Journal of Exercise Physiology****online.* 1998;1:1 [Online]. http://:www.css.edu/users/tboone2/asep/jan.htm

**Tables** Research data and statistical information should be reported in tables.  Each column in the table should have a heading, and each table should be located in the text of the article. Tables (and Figures) should be numbered consecutively according to the order in which they have been cited in the text.**Illustrations** Illustrations consist of pictures, graphs, and drawings, and are inserted in the article as figures.  All illustrations should be placed in the content of the article where they provide support and/or additional information. **REVIEW / EDITING**Each submitted manuscript will be reviewed by the editor.  Then, it will be sent to two members of the editorial committee for further review.  Reasons for rejecting articles may include: (a) topic is of questionable interest to the profession; (b) topic has already been thoroughly discussed in the literature; (c) topic is of local rather than nation-wide interest; (d) discussion is too vague and/or too general; (e) article is poorly written; and (f) article is poorly documented.**PURPOSE OF THE JOURNAL** The journal will focus on articles that provide a rationale for the “professionalization” of exercise physiology. Articles are commissioned, but submitted manuscripts will be promptly considered for publication. Submitted articles can be in two primary areas of concentration: (1) professionalism; and (2) research.  Either is recognized as part of the "professionalization" process, and both are certainly important to the professional development of exercise physiology.**USA Postmaster** Letters and/or manuscripts intended for **PEP**online should be sent to:Dr. Tommy BooneEditor-in-ChiefProfessionalization of Exercise Physiologyonline104 Taylors CoveBeaumont, TX 77705**Publisher's Note** Why another journal? The answer is rather simple. The exercise physiology scientific literature has a significant number of avenues for publication in comprehensive and scholarly journals. The number of research articles published each year is increasing rapidly. However, these papers of little direct value to college administrators and exercise physiologists who are interested in the professionalization of exercise physiology. A very important need exists for well-written articles that help to expose the inadequate thinking or outmoded views that continue to influence exercise physiology. It is expected that the ideas and concepts presented in the articles will challenge mainstream beliefs. Many readers may consider the articles as timely and, therefore, enable them to work towards developing their own identification with exercise physiology. We trust that this online journal will promote communication and increased awareness of exercise physiology as a developing healthcare profession. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_“If you refuse to accept anything less than a credible professional organization of exercise physiologists, you can expect to get it.” **Copyright ©1997-2013** **American Society of Exercise Physiologists** **All Rights Reserved.** |

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