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| ASEP photo banner  **Journal of Exercise Physiologyonline**  **ISSN 1097-9751      October 2013**    **Volume 16 Number 5**  **Wetter AC, Wetter TJ, Schoonaert KJ.** Fitness and Health in College Students: Changes across 15 Years of Assessment. **JEPonline**2013;16(5):1-9. [Word](http://www.asep.org/asep/asep/JEPonlineOCTOBER2013_Wetter.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineOCTOBER2013_Wetter.pdf)  **Barbieri RA, Gobatto CA.** Validation of the Lactate Minimum Test as a Specific Aerobic Evaluation Protocol for Table Tennis Players. **JEPonline**2013;16(5):10-20. [Word](http://www.asep.org/asep/asep/JEPonlineOCTOBER2013_Barbieri.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineOCTOBER2013_Barbieri.pdf)  **Veloso CF, Costa CD, Rovani BT, Araldi ICC, Freitas RB, Cogo LA, Silveira AF, Bauermann LF, Silva AMV.** Effects of Exercise on Cardiac Oxidative Stress in Rats after Exposure to Cigarette Smoke. **JEPonline**2013;16(5):21-27. 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