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| ASEP photo banner**Journal of Exercise Physiologyonline** **ISSN 1097-9751****December 2014****Volume 17 Number 6****Ritsche K, Smith J, Mellick P, Wideman L.** Acute Exercise-Induced Growth Hormone is Attenuated in Response to Short-Term, High-Intensity Exercise Training. **JEPonline**2014;17 (6):1-12. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Kevin%20Ritsche.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Kevin%20Ritsche.pdf)**Paz G, Maia M, Bentes CM, Figueiredo T, Salerno V, Simão R, Miranda H.** Effect of Agonist-Antagonist Paired Set Training vs. Traditional Set Training on Post-Resistance Exercise Hypotension. **JEPonline**2014;17(6):13-23. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Paz.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Paz.pdf)**Martins A, Paz A, Vigário P, Costa e Silva G, Maia M, Miranda H.** Static Stretching Volume is Associated with Maximal Repetition Performance. **JEPonline** 2014;17(6):24-33. [Word](http://www.asep.org/asep/asep/JEPonlineDecember2014_Martins_Miranda.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDecember2014_Martins_Miranda.pdf)**Albuquerque Filho NJB, Rebouças GM, Matos VAF, Salgueiro CCM, Knackfuss MI, Medeiros HJ**. Effect of Concurrent Training on Body Composition and Lipid Profile in Overweight Adolescents. **JEPonline** 2014;17(6):34-44. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Filho.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Filho.pdf)**Blazek AD, Anderson PJ, Brichler JG, Slawinski MK, Rose MT, Kirby TE, Swain CB.** Effects of a Simulated Altitude Device on Endurance Performance and Mucosal Immunity. **JEPonline**2014;17(6):45-57. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Blazek.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Blazek.pdf)**Macedo M, Silva AS, Coelho Junior HJ, Palmeira R, Asano RY.** Post-Exercise Hypotension between Different Protocols of Resistance Training for Beginners. **JEPonline**17(6):58-65. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Asano.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Asano.pdf)**Alves RC, Prestes J, Souza-Junior TP, Follador L, Lopes WA, da Silva SG**. Acute Effect of Weight Training at a Self-Selected Intensity on Affective Responses in Obese Adolescents. **JEPonline**2014;17(6):66-73. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Alves.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Alves.pdf)**Brown A, Vianna J, Dias I, Miranda H, Rodrigues Neto G, Novaes J.** Acute Joint Range Effects of Exercises at Different Strength Intensities on Unstable and Stable Platforms. **JEPonline**2014;17(6):74-80. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Amanda.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Amanda.pdf)**Sampaio-Jorge F, Rangel LFC, Mota HR, Morales AP, Costa L, Coelho GMO, Ribeiro BG**. Acute Effects of Passive Stretching on Muscle Power Performance. **JEPonline**2014;17(6):81-89. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Ribeiro_Morales.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2014_Ribeiro_Morales.pdf) **Sousa CV, Sales MM, Moraes JFVN, Rocha PO, Santos RRC, Assis BP**. Sedentary Life Style is Associated with an Elevated Perceived Stress. **JEPonline**2014;17(6):90-96. [Word](http://www.asep.org/asep/asep/JEPonlineDecember2014_Sousa.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDecember2014_Sousa.pdf)**Copyright ©1997-2014** All Rights Reserved |

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