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| ASEP photo banner**Journal of Exercise Physiologyonline** **ISSN 1097-9751    December 2013****Volume 16 Number 6****Shei R-J, Mickleborough TD.** Relative Contributions of Central and Peripheral Factors in Human Muscle Fatigue during Exercise: A Brief Review. **JEPonline**2013;16(6):1-17. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Shei_Mickleborough.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Shei_Mickleborough.pdf)**Frimpong E, Antwi DA, Asare G, Antwi-Boasiako C, Dzudzor B.** Effects of Acute Eccentric Exercise Stimulus on Muscle Injury and Adaptation. **JEPonline** 2013;16:(6)18-30. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Frimpong.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Frimpong.pdf)**Garner RT, Wagner DR**. Validity of Certified Trainer Palpated and Exerciser Palpated Post-Exercise Heart Rate. **JEPonline**2013;16(6): 31-38. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Garner_Wagner.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Garner_Wagner.pdf)**Hausken K, Dyrstad SM**. Heart Rate, Accelerometer Measurements, Experience, and Rating of Perceived Exertion in Zumba, Interval Running, Spinning, and Pyramid Running. **JEPonline** 2013;16(6):39-50. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_K_Hausken.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_K_Hausken.pdf)**Snarr RL, Esco MR**. Comparison of Electromyographic Activity When Performing an Inverted Row With and Without a Suspension Device. **JEPonline**2013;16(6):51-58. [Word](http://www.asep.org/asep/asep/JEPonlineDecember2013_Snarr_Esco.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineDecember2013_Snarr_Esco.pdf)**Wyatt FB, Donaldson A.** Segmental Trend-Lines Define Heart Rate Response to Increased Work. **JEPonline** 2013;16(6):59-68. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Wyatt.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Wyatt.pdf)**Dantas MGB, Morais PAO, Silva TFA, Carvalho FO, Schwingel PA.** Association Between Indicators of Corporal Adiposity and Cardiovascular Risk Factors Among Brazilian Adolescents. **JEPonline**2013;16(6):69-78. [Word](file:///G%3A%5CJEPonlineDECEMBER2013_Dantas_Schwingel.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Dantas_Schwingel.pdf)**Ferreira SS, Alves RC, Benites ML, Soave JL, Silva AC, Ribeiro KAT, Krinski K, DaSilva SG.** Perceptual and Affective Responses of Different Muscle Actions during Weight Training in Older Women. **JEPonline**2013;16(6):79-88. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Ferreira_daSilva.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Ferreira_daSilva.pdf)**Cochrane KC, Housh TJ, Bergstrom HC, Jenkins NDM, Johnson GO, Housh DJ, Schmidt RJ, Cramer JT**. Body Build and Anthropometric Growth Patterns of 7 to 18-Year Old Wrestlers. **JEPonline** 2013;16(6):89-101. [Word](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Cochrane.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineDECEMBER2013_Cochrane.pdf)**Copyright ©1997-2013** All Rights Reserved |