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| ASEP photo banner  **Journal of Exercise Physiologyonline**  **ISSN 1097-9751      August 2013**    **Volume 16 Number 4**  **American Society of Exercise Physiologists**   |  | | --- | |  |  |  | | --- | |  |   The Professional Organization of Exercise Physiologists  **Carper MJ, Richmond SR, Whitman SA, Acree LD, Godard MP.** Muscle Glycogen Restoration in Females and Males Following Moderate Intensity Cycling Exercise in Differing Ambient Temperatures. **JEPonline**2013;16(4):1-18.  [Word](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Carper.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Carper.pdf)  **King T, Kaper G, Paradis S.** Effects of Lower Extremity Anaerobic Fatigue on Neuromuscular Function And Jumping Performance **JEPonline**2013;16(4):19-23. [Word](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_King.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_King.pdf)  **Cruz R, Melo, BP, Manoel FA, Castro PHC, da Silva SF**. Pacing Strategy and Heart Rate on the Influence of Circadian Rhythms. **JEPonline** 2013;16(4):24-31. [Word](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_daSilva_Cruz.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_daSilva_Cruz.pdf)  **DeLong AD, Potter RA, Smith SM, Erb BM, Kamei Y, Ogawa Y, McLoughlin TJ.** FoxO1 Inhibits Skeletal Muscle Hypertrophy Through mTOR-independent Mechanisms. **JEPonline**2013;16(4):34-50. [Word](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Potter.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Potter.pdf)  **Caroline R. Cahill, Stasinos Stavrianeas**. Assessing Dietary Changes in International Students and the Barriers to Healthy Living Abroad: A Review. **JEPonline**2013;16(4):51-63. [Word](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Cahill.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Cahill.pdf)  **Morgan AJ, Parker AG, Alvarez-Jimenez M, Jorm AF.** Exercise and Mental Health: An Exercise and Sports Science Australia Commissioned Review. **JEPonline**2013;16(4):64-73. [Word](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Morgan.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Morgan.pdf)  **Dolezal BA, Lau MJ, Abrazado M, Storer T, Cooper, CB.** Validity of Two Commercial Grade Bioelectrical Impedance Analyzers for Measurement of Body Fat Percentage. **JEPonline**2013;16(4):74-83. [Word](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Dolezal.docx) [PDF](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Dolezal.pdf)  **Cesar MC, Sindorf MAG, Silva LA, Gonelli PRG, Pellegrinotti IL, Verlengia R, Montebelo MIL, Manchado-Gobatto FB.** Comparison of the Acute Cardiopulmonary Responses of Trained Young Men Walking or Running the Same Distance at Different Speeds on a Treadmill. **JEPonline** 2013;16(4):84-91. [Word](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Cesar.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Cesar.pdf)  **Moreira DN, Peçanha T, Guerra ZF, Silva LP, Nakamura FY, Laterza, MC, Lima JRP.** Effects of Aerobic Fitness on Cardiac Autonomic Modulation during Supine and Upright Posture. **JEPonline** 2013;16(4):92-100. [Word](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Pecanha.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Pecanha.pdf)  **Hussien NI, Shoman AA.** Effect of Obesity and Passive Smoking on Biochemical and Histopathological Changes in Rat Liver and the Protective Effect of Exercise. **JEPonline** 2013;16(4):101-111. [Word](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Hussien.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Hussien.pdf)  **Quesada TD**, **Gillum T.** Effect of Acute Creatine Supplementation and Subsequent Caffeine Ingestion on Ventilatory Anaerobic Threshold. **JEPonline**2013;16(4):112-120. [Word](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Gillum_Quesada.doc) [PDF](http://www.asep.org/asep/asep/JEPonlineAUGUST2013_Gillum_Quesada.pdf)   |  | | --- | |  |   **Copyright ©1997-2013 American Society of Exercise Physiologists** All Rights Reserved. Any reproduction, retransmission, or republication (in whole or in part) of any document or information found on this site for republication purposes or to otherwise take ownership is expressly prohibited, unless otherwise agreed to by ASEP leadership (contact@asep.org). The ASEP organization does not charge readers or their institutions for access to the electronic journal articles.   |  | | --- | |  | |