

# American Society of Exercise Physiologists

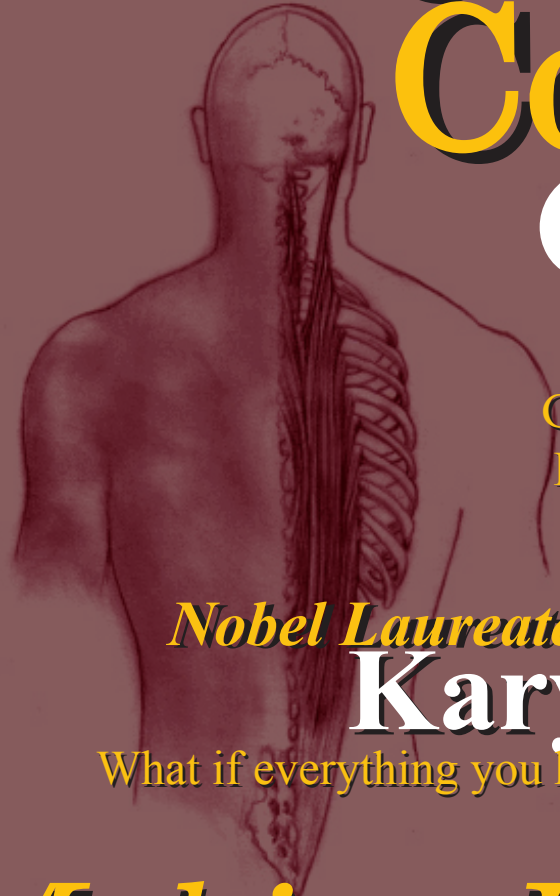
11<sup>th</sup> Annual National Conference

## Challenging Convention

### The CrossFit Phenomenon

Greg Glassman - Founder & CEO, CrossFit

Mark Rippetoe - Author, *Starting Strength*



*Nobel Laureate*

## Kary Mullis

What if everything you knew about Science was wrong?

## *Making Fitness Functional*

### Physiology and the Bike

Joe Friel - Author, *The Cyclist's Training Bible*

Julien Baker - University of Glamorgan

Clay Worthington - USA Cycling Sports Science Coach

### Open Scientific Sessions

Endurance Training & Performance

Legal & Theoretical Aspects in Exercise Physiology

Anaerobic Training & Performance

Anatomical Applications in Fitness

Gross Physiological Applications in Fitness

Cell and Molecular Applications in Fitness

Midwestern State University - Wichita Falls, Texas - April 3 & 4, 2009

[www.asep.org](http://www.asep.org)

