ASEP Newsletter Vol 16, No 5 - Letter from the President

May 6, 2012

The Minnesota Association of Exercise Physiologists’ Spring Meeting occurred at Winona State University this past month. It was an excellent meeting that included presentations from both academic and practicing EPs along with research presentations and WSU student poster boards. The meeting format was appreciated by the WSU students who were able to attend and their input during the panel discussion was insightful and will help ASEP to refine the format so new state organizations will have a workable template to implement in their own meetings.

Discussion is ongoing with individuals who are answering my “call-to-action” to reorganize or start their state organizations. I’m very excited about the opportunity that ASEP has to better assist individuals around the nation who would like to be involved and help lead this profession into the future. I am personally coordinating these efforts so if you would like to join the team in your state, simply email me directly at shane@phpswellness.com. I know that people are busy, so you’ll find that we have done a fair amount of the work for you. Don’t be shy; even if you would just get on the state membership list, it will help establish you as part of the group in your state.

In addition to working with individuals around the country, the ASEP accreditation committee is also reviewing new and renewal accreditation requests. One of our commitments is to improve access to the board-certification exam. The national office gets regular requests from people who want to sit for the board-certification and we need to expand our ability to provide that. If you are a faculty member at an academic Exercise Science program and would like more information, you may also contact me directly at the email listed above.

Finally, if anyone has questions or suggestions about how ASEP can better serve its membership and the profession, please feel free to email me. You will get a reply!

In Health,

Shane Paulson

President, ASEP.